

Adult-Adolescent Parenting Inventory - 2

Stephen J. Bavolek, PhD and Richard G. Keene, PhD

Parenting Profile – PARENT Version

www.assessingparenting.com

Name: 024 024 ID or last 4 digits of #SS _____ Date: 03/30/2011

City: Asheville State/Province: NC Country: US

Sex: Female Norm table used: ADULT

Notes:

Program "Cohort 6 E 04-25-11" Form A completed 03/30/2011
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RANGE OF SCORES

Parenting Construct	Raw Score	Sten Score	LOW SCORE DESCRIPTION	RANGE OF SCORES										HIGH SCORE DESCRIPTION	
				BELOW AVERAGE			LOW AVERAGE			HIGH		ABOVE AVERAGE			
				1	2	3	4	5	6	7	8	9	10		
A	22.0	5	Expectations of Children Your answers in this area indicate you could benefit by: gaining a greater understanding of a child's growth and development; gaining a greater understanding of the importance of allowing children to exhibit normal developmental behaviors (i.e. a two-year-old saying "mine!"); seeing yourself more positively as a caregiver.					5							Expectations of Children Your answers in this area indicate: You have an understanding of a child's growth and development; you understand the importance of allowing children to exhibit normal developmental behaviors (i.e. temper tantrums); you believe in supporting children; your idea of yourself as a caregiver is positive.
B	47.0	7	EMPATHY Your answers in this area indicate you could benefit by: gaining a greater understanding of a child's needs; gaining a greater understanding of techniques to encourage a child's positive growth; reducing your personal and parenting stress.							7					EMPATHY Your answers in this area indicate: You understand and value a child's needs; you recognize feelings of children; you understand the importance of encouraging a child's positive growth; you understand the importance of communicating with children.
C	49.0	7	DISCIPLINE Your answers in this area indicate you could benefit by: gaining a greater understanding of non-physical discipline techniques (i.e. time-out); gaining a greater understanding of the importance of including all the family in family rules.							7					DISCIPLINE Your answers in this area indicate: You have an understanding of the alternatives to corporal punishment (i.e. spanking); you understand the importance of including all the family in establishing family rules and that the rules are for the family not just the child; you value a mutual parent-child relationships; you respect children and their needs.
D	34.0	9	FAMILY ROLES Your answers in this area indicate you could benefit by: increasing your own support system (to gain comfort, support, and companionship from friends); gaining a greater understanding of family roles.									9			FAMILY ROLES Your answers in this area indicate: You understand that a parent needs to find comfort, support, and companionship from their friends, not their children; you understand the importance of being responsible for your own behavior; you understand the value of a caregiver feeling worthwhile as a person; you understand that children should be allowed to express themselves.
E	25.0	10	POWER & INDEPENDENCE Your answers in this area indicate you could benefit by: gaining a greater understanding of the use of compromise with children; gaining a greater understanding of a child's need to demonstrate age-appropriate independence and personal power.										10		POWER & INDEPENDENCE Your answers in this area indicate: You understand the value of empowering children to make good choices; you have an understanding of encouraging children to express their views while still cooperating; you value children's ability to problem-solve.

My Parenting Plan for Improvement:

Adult-Adolescent Parenting Inventory - 2

Stephen J. Bavolek, PhD and Richard G. Keene, PhD

Parenting Profile – PROFESSIONAL Version

www.assessingparenting.com

Name: Blinky K Flinky ID or last 4 digits of #SS _____ Date: 01/13/2011

City: Asheville State/Province: NC Country: US

Sex: Female Norm table used: ADULT

Notes:

Program "Akwasasne Jan, 2011" Form A completed 01/13/2011
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RISK SCORES

Parenting Construct	Raw Score	Sten Score	LOW SCORE DESCRIPTION	RISK SCORES										HIGH SCORE DESCRIPTION
				HIGH RISK			MEDIUM RISK				LOW RISK			
				1	2	3	4	5	6	7	8	9	10	
A	22.0	5	INAPPROPRIATE EXPECTATIONS Expectations exceed developmental capabilities of children. Lacks understanding of normal child growth and development. Self-concept as a parent is weak and easily threatened. Tends to be demanding and controlling.	1	2	3	4	5	6	7	8	9	10	APPROPRIATE EXPECTATIONS Understands growth and development. Children are allowed to exhibit normal developmental behaviors. Self-concept as a caregiver and provider is positive. Tends to be supportive of children.
B	40.0	5	LOW LEVEL OF EMPATHY Fears spoiling children. Children's normal development needs not understood or valued. Children must act right and be good. Lacks nurturing skills. May be unable to handle parenting stresses.	1	2	3	4	5	6	7	8	9	10	HIGH LEVEL OF EMPATHY Understands and values children's needs. Children are allowed to display normal developmental behaviors. Nurture children and encourage positive growth. Communicates with children. Recognizes feelings of children.
C	47.0	6	STRONG BELIEF IN VALUE OF CORPORAL PUNISHMENT Hitting, spanking, slapping children is appropriate and required. Lacks knowledge of alternatives to corporal punishment. Lacks ability to use alternatives to corporal punishment. Strong disciplinarian, rigid. Tends to be controlling, authoritarian.	1	2	3	4	5	6	7	8	9	10	VALUES ALTERNATIVES TO CORPORAL PUNISHMENT Understands alternatives to physical force. Utilizes alternatives to corporal punishment. Tends to be democratic in rule making. Rules for family, not just for children. Tends to have respect for children and their needs. Values mutual parent-child relationship.
D	27.0	5	REVERSES FAMILY ROLES Tends to use children to meet self-needs Children perceived as objects for adult gratification. Tends to treat children as confidant and peer. Expects children to make life better by providing love, assurance, and comfort. Tends to exhibit low self-esteem, poor self-awareness, and poor social life.	1	2	3	4	5	6	7	8	9	10	APPROPRIATE FAMILY ROLES Tends to have needs met appropriately. Finds comfort, support, companionship from peers. Children are allowed to express developmental needs. Takes ownership of behavior. Tends to feel worthwhile as a person, good awareness of self.
E	22.0	7	RESTRICTS POWER-INDEPENDENCE Tends to view children with power as threatening. Expects strict obedience to demands. Devalues negotiation and compromise as a means of solving problems. Tends to view independent thinking as disrespectful.	1	2	3	4	5	6	7	8	9	10	VALUES POWER-INDEPENDENCE Places high-value on children's ability to problem solve. Encourages children to express views but expects cooperation. Empowers children to make good choices.

A sten of	1	2	3	4	5	6	7	8	9	10	is obtained
by about	2.3	4.4	9.2	15	19.1	19.1	15	9.2	4.4	2.3	percent of the population.
A sten of	1	2	3	4	5	6	7	8	9	10	or less is obtained
by about	2.3	6.7	15.9	30.9	50	69.1	84.1	93.3	97.7	100	percent of the population.

Adult-Adolescent Parenting Inventory - 2

Stephen J. Bavolek, PhD and Richard G. Keene, PhD

AAPI-2 Parenting Profile

Name: 071 071 ID or SS# _____ Date: 02/02/2011
 City: Asheville State/Province: NC Country: US
 Sex: Female Norm table used: ADULT

Notes:

Program "Cohort 5 E 2-11" Form A completed 02/02/2011
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Parenting Construct	Raw Score		Sten Score		LOW SCORE DESCRIPTION	RANGE OF SCORES										HIGH SCORE DESCRIPTION	
	I	II	I	II		BELOW AVERAGE			LOW AVERAGE			HIGH	ABOVE AVERAGE				
	1	2	3	4		1	2	3	4	5	6	7	8	9	10		
A	20	26	5	7	<i>Expectations of Children</i> Your answers in this area indicate you could benefit by: gaining a greater understanding of a child's growth and development; gaining a greater understanding of the importance of allowing children to exhibit normal developmental behaviors (i.e. a two-year-old saying "mine!"); seeing yourself more positively as a caregiver.					5		7					<i>Expectations of Children</i> Your answers in this area indicate: You have an understanding of a child's growth and development; you understand the importance of allowing children to exhibit normal developmental behaviors (i.e. temper tantrums); you believe in supporting children; your idea of yourself as a caregiver is positive.
B	33	45	2	6	<i>EMPATHY</i> Your answers in this area indicate you could benefit by: gaining a greater understanding of a child's needs; gaining a greater understanding of techniques to encourage a child's positive growth; reducing your personal and parenting stress.		2				6						<i>EMPATHY</i> Your answers in this area indicate: You understand and value a child's needs; you recognize feelings of children; you understand the importance of encouraging a child's positive growth; you understand the importance of communicating with children.
C	44	55	6	10	<i>DISCIPLINE</i> Your answers in this area indicate you could benefit by: gaining a greater understanding of non-physical discipline techniques (i.e. time-out); gaining a greater understanding of the importance of including all the family in family rules.						6				10		<i>DISCIPLINE</i> Your answers in this area indicate: You have an understanding of the alternatives to corporal punishment (i.e. spanking); you understand the importance of including all the family in establishing family rules and that the rules are for the family not just the child; you value a mutual parent-child relationships; you respect children and their needs.
D	24	22	4	4	<i>FAMILY ROLES</i> Your answers in this area indicate you could benefit by: increasing your own support system (to gain comfort, support, and companionship from friends); gaining a greater understanding of family roles.				4								<i>FAMILY ROLES</i> Your answers in this area indicate: You understand that a parent needs to find comfort, support, and companionship from their friends, not their children; you understand the importance of being responsible for your own behavior; you understand the value of a caregiver feeling worthwhile as a person; you understand that children should be allowed to express themselves.
E	22	25	7	10	<i>POWER & INDEPENDENCE</i> Your answers in this area indicate you could benefit by: gaining a greater understanding of the use of compromise with children; gaining a greater understanding of a child's need to demonstrate age-appropriate independence and personal power.							7			10		<i>POWER & INDEPENDENCE</i> Your answers in this area indicate: You understand the value of empowering children to make good choices; you have an understanding of encouraging children to express their views while still cooperating; you value children's ability to problem-solve.

My Parenting Plan for improvement:

- = Profile I score (Form A, taken 02/02/2011)
- = Profile II score (Form B, taken 03/02/2011)

Nurturing Skills Competency Scale – B5 Long Version (LV)

Stephen J. Bavolek, Ph.D. and Richard G. Keene, Ph.D.

Parenting Profile – PROFESSIONAL Version

www.assessingparenting.com

Name: Laina A Kop ID or last 4 digits of #SS _____ Date: 10/01/2012
 City: PC State/Province: UT Country: US Sex: Female

Notes: Program: bob, Pre-test completed: 10/01/2012
 Program: bob, Post-test completed: 10/23/2012

Construct	Raw		Sten		Risk Scores										INTERPRETATIONS FOR POST-TEST
	I	II	I	II	High Risk			Medium Risk				Low Risk			
					1	2	3	4	5	6	7	8	9	10	
A	75	75	2	2	1	2	3	4	5	6	7	8	9	10	Your responses indicate that serious "below average" quality of life issues have either occurred since the pretest assessment, or have remained the same since the pretest. In either situation, the nurturing parenting information and skills you learned during the program will be continuously challenged with the stress that you identified in your lifestyle. You must make a strong effort to improve the living conditions of your family to be successful as a nurturing parent. Discuss with your parent educator available resources that can help you improve the quality of life for you and for your children.
B	100	110	7	8	1	2	3	4	5	6	7	8	9	10	Your responses indicate a childhood that provided you with the beliefs, understanding and skills required in raising healthy, caring and cooperative children. Hopefully your participation in the parenting program reinforced a positive parenting philosophy that allows children to develop a positive self-worth, develops their power and independence, enhances their feelings of empathy, teaches them the healthy value of "doing on to others as you would want them do unto you," and empowers them with a sense cooperation and attachment with their family.
C	75	70	5	5	1	2	3	4	5	6	7	8	9	10	Your responses indicate an average quality relationship between you and your partner. It also reflects a degree of dysfunction in the relationship that still may be present even after completing your parenting program. If such a relationship is present, it is influencing the perceptions and beliefs of your children in addition to making it difficult for either you or your partner to practice your nurturing parenting skills. If participation in the parenting program did not have some influence in enhancing the positive qualities of your relationship with your partner, then marital counseling is recommended. Make sure you discuss your relationship issues with your parent educator and seek guidance on the best way to handle your situation.
D	65	60	7	6	1	2	3	4	5	6	7	8	9	10	Your responses indicate an average home environment with your children and family. One question that you need to answer is: am I, my partner and my children better off since attending this parenting program? Look at the scores for the other parts of the inventory. Do they all show improvements? Are you satisfied with the progress you and your family made? Are there parenting issues that are still not clear? Have you learned the information you set out to learn? Discuss your scores and participation in the parenting program with your parent educator to determine if your parenting instruction is complete.
E	6	6	3	3	1	2	3	4	5	6	7	8	9	10	Your responses indicate a general lack of understanding of basic positive parenting philosophy, knowledge and skills. Your involvement in the parenting program failed to increase your skills and knowledge that would promote positive, nurturing experiences for you and your children. It is recommended that you review your responses with your parent educator to determine where the problem of learning basic parenting skills lies. Are there basic cultural parenting differences or personal childhood differences that are contributing to your misunderstandings? By no means have you adequately completed your parenting program and continued involvement is strongly recommended.
F	38	37	5	5	1	2	3	4	5	6	7	8	9	10	Your responses indicate a general use of positive, nurturing parenting skills. Review the responses to the statements along with your responses to the statements in the Knowledge section and determine if there is a pattern. Are the skills you are not using on a daily basis related to your lack of knowledge? It is recommended that you meet with your parent educator and make a plan of action. If your parenting classes are over, perhaps you would consider continuing your parenting education through self instruction.

A sten of	1	2	3	4	5	6	7	8	9	10	is obtained
by about	2.3	4.4	9.2	15	19.1	19	15	9.2	4.4	2.3	of the population
A sten of	1	2	3	4	5	6	7	8	9	10	or less is obtained
by about	2.3	6.7	15.9	30.9	50	69.1	84.1	93.3	97.7	100	of the population

Nurturing Skills Competency Scale – B5 Short Version (SV)

Stephen J. Bavolek, Ph.D. and Richard G. Keene, Ph.D.

Parenting Profile – PROFESSIONAL Version

www.assessingparenting.com

Name: Newt Gingrich ID or last 4 digits of #SS 0069 Date: 01/24/2012
 City: Asheville State/Province: NC Country: US Sex: Male

Notes: Program: fieldtest 11-09, Pre-test completed: 01/24/2012
 Program: fieldtest 11-09, Post-test completed: 09/24/2012

Construct	Raw		Sten		Risk Scores										INTERPRETATIONS FOR POST-TEST
	I	II	I	II	High Risk			Medium Risk				Low Risk			
					1	2	3	4	5	6	7	8	9	10	
A	165.0	165.0	7	7	1	2	3	4	5	6	7	8	9	10	Your responses suggest that you have a "high average" quality of life. Congratulations if your quality of your life has changed for the positive. Hopefully some of the stress of daily life has been lessened and you can use the energy to become a more nurturing parent. The more nurturing parenting is practiced, the more the nurturing becomes a normal part of life. If the standard has remained the same, or if it is a drop from a higher standard assessed at the pretest, examine your standard of life and your level of comfort. Put your parenting knowledge and skills to good work and enjoy being a parent.
B	6.0	7.0	3	4	1	2	3	4	5	6	7	8	9	10	Your responses indicate that you have a lot more work to do in practicing positive, nurturing parenting. Review with your parent educator the questions that were marked incorrect and determine where the misunderstandings are occurring. Are their basic cultural parenting differences or personal childhood experiences that are interfering or confusing you? Continued involvement in your parenting program is highly recommended.
C	24.0	23.0	2	2	1	2	3	4	5	6	7	8	9	10	Your responses indicate a very low daily use of positive nurturing parenting skills even after you have completed your parenting program. This means that the parenting program you just completed didn't focus on the right lessons, was too short in duration, was information you didn't understand, or was information you chose not to learn. The below average rating you received indicates that you need to review your responses with your parent educator and determine where the problem lies. By no means do your responses indicate that you have completed your parenting program. It is recommended that you meet with the parent educator and his/her supervisor and make a new plan that will encourage you to improve the daily use of your nurturing parenting skills.

A sten of	1	2	3	4	5	6	7	8	9	10	is obtained
by about	2.3	4.4	9.2	15	19.1	19.	15	9.2	4.4	2.3	of the population
A sten of	1	2	3	4	5	6	7	8	9	10	or less is obtained
by about	2.3	6.7	15.9	30.9	50	69.1	84.1	93.3	97.7	100	of the population

Lesson 1: Program Description and Assessment

Date of Home Visit: _____

Completed? YES _____ NO _____

A. Topics: Introductions, Hopes and Fears, Program Description, Assessment

B. Lesson Competencies:

1. Parents are willing to share their hopes and fears about participating in the program.
2. Parents understand the program format and requirements.
3. Parents are willing to participate in the program.

C. Home Practice Assignments:

Complete the **Family Home Practice Assignment**:

- Spend a minimum of 30-45 minutes each day playing, reading, and/or massaging your child(ren).

D. Knowledge Questions: (Review with the parents prior to the end of the Home Visit):

There are no Knowledge Questions for Lesson 1.

E. Assessment of Lesson Competencies:

YES means responses given by the parents are accurate/sufficient; NO means the responses given by the parents are inaccurate/insufficient.

1. The parents were willing to express their hopes and fears about participating in the program.
YES _____ NO _____ Comments:

2. The parents express an understanding of the program format and requirements.
YES _____ NO _____ Comments:

3. The parents display a willingness to participate in the program.
YES _____ NO _____ Comments:

How to Use the Family Nurturing Journal

Dear Parents:

Welcome to the Nurturing Program for Parents and their Infants, Toddlers and Preschoolers. Congratulations on making a very wise choice in participating in the Program. Your lives as individuals and as a family will improve dramatically for the better. You will notice that family members are getting along better. There will be more laughter, more cooperation, and stronger feelings of attachment and closeness. All this won't happen without hard work and a commitment to positive change. There will be the usual bumps in the road with moments of frustration and doubt. But nothing ever worth working for ever came easy.

The Family Nurturing Journal will help guide you in increasing your Nurturing Parenting beliefs and skills. Notice that at the top of each Lesson page are listed the Lesson Competencies. The competencies describe the new knowledge and skills you are responsible for learning. Each lesson builds upon the previous lesson, so don't fall behind. If you don't understand the information and the skills of the lesson, make sure you tell the Home Visitor you need more time to learn the skills.

Also presented on each Lesson page are the Home Practice Assignments. Be committed to completing the weekly assignments. Try your best. If you don't succeed at first "try, try again" as the saying goes. Be prepared to share your successes and failures with your Home Visitor. Recognizing all your successes provides you with moments of pleasure. Accepting all your failures provides you with opportunities to grow. What a perfect combination.

And finally, a full page in the Family Nurturing Journal is dedicated to the changes that are going on in yourself, your children and your family. Keep entries current. Write in the journal at least once a week. Write more often if you'd like. Record the differences you notice; the good ones and the bad ones.

Like you, your children also want to experience the joys of a nurturing family. Keep at it. The positive changes you are making now will last a life time. I have confidence that your family will be successful in experiencing the power of positive nurturing.

Stephen J. Bavolek, Ph.D.